



VOLUNTEER CONSENT & RELEASE FORM

The Arkansas Foodbank wants to ensure the safety and protection of our volunteers. Therefore, we require that all volunteers complete the following *Volunteer Consent & Release* form for each volunteer over the age of 18 prior to being allowed to volunteer. If you will be volunteering with anyone who is under the age of 18, they will need to have the *Youth Volunteer Consent & Release* form completed by their parent or guardian. By signing this consent form, you are acknowledging that you are over the age of 18. All volunteers will be required to follow the *Arkansas Foodbank Volunteer Policies & Guidelines*, as well as the directions from Arkansas Foodbank staff members. Please review the *Arkansas Foodbank Volunteer Policies & Guidelines forms* prior to your arrival at the Arkansas Foodbank. Please call 501.565.8121 if you have any questions.

Please note: Volunteers who arrive without a *Volunteer Consent and Release* form or without one on file will not be allowed to volunteer that day. I certify that my attendance and participation in Arkansas Foodbank activities is voluntary.

I request permission to participate in volunteer activities to be held during **20____ (year)**. This *Volunteer Consent & Release Form* is for all my volunteer activities with the Arkansas Foodbank on or off the Arkansas Foodbank property during that year. I know the risks of injury to my person and property that may be sustained in connection with the stated and associated activities in and about the premises. I understand that the Arkansas Foodbank cannot be held liable or responsible for any injury that may result from my participation.

In consideration of the permission granted to me to participate in the stated volunteer activities, I, for myself, my heirs, administrators, and assigns, forever release and discharge Arkansas Foodbank and the owners, operators, and sponsors of the activities and all equipment used in such activities as well as their respective agents, officers, and officials, and all other participants in the stated activities of and from all claims, demands, actions, and causes of action of any sort, for injury or illness sustained to my person and/or property, during my presence on the premises and my participation in the stated activities due to negligence or any other fault.

Photo Release

The Arkansas Foodbank also has my permission to use any photographs, videotapes, or images containing my name or likeness taken during volunteer activities in any and all publicity.

Safety Measures

All volunteers participating in volunteer activities at the Arkansas Foodbank must work with their direct supervisor to review all safety guidelines and restrictions. Any volunteer not willing to follow safety

guidelines and restrictions will not be allowed to participate in volunteer activities at the Arkansas Foodbank. By signing this form, you agree to abide by and participate in all required safety measures set forth by the Arkansas Foodbank. These measures are subject to change at the discretion of the Arkansas Foodbank.

COVID-19 Safety Measures

Volunteers within the Arkansas Foodbank Building are not required to wear masks but are strongly encouraged to do so if they are immunocompromised. Volunteers performing duties outside of the building (such as mobile distributions) are no longer required to wear mask but are encouraged to do so for their protection due to the number of people served. Physical distancing will still be encouraged when possible.

- If a volunteer has been advised by a health care provider to self-quarantine, experiencing symptoms associated with COVID-19, seeking a medical diagnosis, or providing care for an individual subject to a quarantine or isolation order, they should cancel their volunteer opportunity via the cancellation link provided in the registration email.
- All volunteers must continue to follow hand washing techniques, washing, and sanitizing hands for 20 seconds before and after shifts or when entering or leaving the production floor.
- All volunteers are required to clean their work area (desk, computer, work phone, workstation). Hand sanitizer and wipes will be provided.

COVID-19 Representations and Assumption of Risk

By signing this form, I represent that if my exposure or health condition changes with respect to COVID-19, I agree that I will notify the Arkansas Foodbank immediately and will not report to the premises. I hereby agree to abide by all COVID-19 safety measures listed in this document and other safety measures that Arkansas Foodbank may implement.

I have read and understood the above guidelines regarding COVID-19. By signing this form, I hereby choose to accept the risk of exposure to COVID-19 inherent in volunteering at the Arkansas Foodbank. By signing this agreement, I consent that I am willing to participate in volunteer opportunities with the Arkansas Foodbank and understand that the Arkansas Foodbank cannot be held liable or responsible for any personal injury, illness, death, or other loss related to COVID-19 that may result from my participation.

I have read and understand this consent and release and have reviewed the *Arkansas Foodbank Volunteer Policies & Guidelines* and understand my responsibility to follow these guidelines while I am serving at the Arkansas Foodbank.

Please print the following required information:

Name: _____ Birthday: _____
Contact Phone Number: _____
Address: _____
City: _____ State: _____ Zip: _____
E-mail: _____

Emergency Contact Name: _____ (required)
Emergency Contact Phone Number: _____ (required)

Signature of Volunteer: _____ Date: _____

****Please return completed and signed Consent & Release Form to the Arkansas Foodbank.
*This permission form will be kept on file at the Arkansas Foodbank and is valid through the
end of this calendar year***