

Equipping Pastors and Laity for Initial Trauma Response and Referrals		
AR Call Center	855-372-1084	A good place to start, if not sure where
Employee Assistance Program	800-888-5658	10 sessions each: Pastor/Household
Living Well Network	901-762-8548	Free MH screening & referrals for all
Nat'l Dom Violence Hotline	800-799-7233	Referrals/support by State/City
AR Dom Violence Shelters Hotline	800-775-9011	Arkansas Legal Services purview
Adult Prot Services Hotline	800-482-8049	Maltreatment/abuse/neglect/exploitation
AR Child Maltreat/Abuse Hotline	800-482-5964	Child Protective Services
Child Support Information	877-731-3071	Case worker, parenting/foster parenting/ med care
Suicide Prevention Hotline	888-274-7472	Person contemplating taking their life
AR Poison Control Center	800-222-1222	Pharmacist/nurse, 24/7 antidote for poisons
AR Kids First	888-474-8275	Deprived Child Healthcare/Services
Fraud and Abuse Hotline	1-800-422-6641	Supplemental Nutrition Assistance (SNAP), Transitional Employment Assistance (TEA) & Medicaid (physical/mentally challenged)
Mona Williams	1-501-324-8028	mwilliams@arumc.org ARUMC Benefits Officer



Helpful Agencies, Contacts and Websites

Amy Shores, Director of Pastoral Care, Methodist Family Health (MFH)

ashores@methodistfamily.org

501-733-7870

Provides in-person or virtual Grief Therapy Seminar: Kaleidoscope Children's Program & requested seminars

Dr. Jonathan Lewis, Director of Community Partnerships, Methodist LeBonheur Healthcare (MLH)

Jonathan.Lewis@mlh.org

901-478-0545

Working on post-COVID video on Coping with Grief & Loss during pandemic

Hospice Foundation of America

hospicefoundation.org

Provides support groups, videos, webinars, books, newsletter, including Living with Grief Since COVID-19: Edited by Kenneth Doka and Amy Tucci & recommended by Dr. Lewis, MLH.

National Alliance on Mental Illness (NAMI)

<https://www.nami.org/home> Home | [NAMI: National Alliance on Mental Illness](https://www.nami.org)

Focuses on specific disorders - videos, signs and symptoms. Example: "10 Common Warning Signs and Symptoms of a Mental Illness" YouTube.

National Institute of Mental Health (NIMH)

Brochures and Fact Sheets: <https://www.nimh.nih.gov/>

866-615-6464

MH research, specific disorders, brochures, fact sheets, signs & symptoms for all ages.

Office for Victims of Crime and National Criminal Justice Reference Service (NCJRS)

<https://ovc.ncjrs.gov>

askovc@ncjrs.gov

800-851-3420

Resource Directory: www.ovc.ojp.gov for publications, fact sheets & YouTube videos

Sidran Institute

<http://www.sidran.org/wp-content/uploads/2018/11/What-is-Post-Traumatic-Stress-Disorder.pdf>

<http://www.sidran.org/wp-content/uploads/2018/11/Post-Traumatic-Stress-Disorder-Fact-Sheet-.pdf>

info@sidran.org

admin@sidran.org

410-825-8888



Rev. Davida Autry, Covenant Coaching & Wellness, Fort Smith First
(479) 650-8375 (M)
deedee.autry@arumc.org

Rev. Mary Jane Cole, Sacred Path, Inc., Little Rock First
(501) 960-7731
mjcole@arumc.org

Rev. Leonard Higgins, Central Arkansas Veterans Healthcare Systems
(501) 912-7217 (M)
leonard.higgins@sbcglobal.net

Rev. Steve Johnson, Pastor, FUMC Hope, American Association of Christian Counselors (AACC)
(870) 777-8816
ministerofhope@gmail.com
Information regarding AACC videos & free on-line MH coach training

Rev. Audie D. Long, Circle of Life Hospice, Springdale, AR
(479) 422-5513 (M)
aslong@cox.net

Rev. Dawn Spragg, The Teen Action and Support Center, Central-Rogers
(479) 426-6788
dawn.spragg@arumc.org

Rev. Garry D. Teeter, LPC
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